

# E-Xchange

*“The news source for Florida’s Community Coalitions”*



**September 20, 2006**

*“People grow through experience if they meet life honestly and courageously. This is how character is built.”*

**-Eleanor Roosevelt**

## **Hot Place!**

### **Free Resource Available for Red Ribbon Week Celebration! October 23-31**

To learn more about all the resources available or to place a bulk order (50 pieces or more), visit <http://www.theantidrug.com/news/get-resources.aspx> or you can call the National Clearinghouse for Alcohol and Drug Information at 800 788-2800. Red Ribbon Week publications include:

- Navigating the Teen Years: A Handbook for Raising Healthy Teens
- The Teen Year: A Roadmap for Parents CD
- Keeping Your Teens Drug Free: A Family Guide

## **Cool Spot!**

### **LifeSkills Training Launches it’s New Website!**

The website has been redesigned to offer numerous features and information on their top rated evidence-based substance abuse prevention materials and services for schools, families and communities.

Visit [www.lifeskillstraining.org](http://www.lifeskillstraining.org) or call 1-800-293-49669.

## **News!**

### **Palm Beach County Substance Abuse Coalition to Sponsor Cocaine Forum**

Palm Beach ranks number one in the State of Florida for incidences of cocaine deaths. Aiming to address the issue and propose solutions as a community, the Palm Beach County Substance Abuse Coalition and its member organizations are holding a day long forum at the Palm Beach County Convention Center on Wednesday, October 25. Held during Red Ribbon Week, the event will be attended by more than 300 substance abuse professionals, law enforcement authorities, politicians, judges, healthcare professionals, and others including Director of the Office of Drug Control Policy Bill Janes and former Dallas Cowboys Linebacker Thomas “Hollywood” Henderson, who will be the keynote speaker.

To register for the forum, go to [www.pbcSac.org](http://www.pbcSac.org). The Coalition is looking for sponsors and underwriters for the event. If you are interested, please contact Doris Carroll at (561) 627-6603 or E-mail: [info@pbcSac.org](mailto:info@pbcSac.org)

### **Early Alcohol Users Less Likely to Seek Treatment**

Individuals who become alcohol dependent before age 25 are less likely to ever seek treatment than those who become alcohol dependent at age 30 or older, according to a new study supported by the National Institute on Alcohol Abuse and Alcoholism (NIAAA). They also are more likely to have multiple dependence episodes, of longer duration, than those who become alcohol dependent later in life.

Analyses found that almost half of these individuals became alcohol dependent before age 21 and about two-thirds before age 25, while about 20 percent became alcohol dependent at age 30 or older. The odds of ever seeking help were lower among those first dependent before ages 18, 20, and 25 compared with those who first became alcohol dependent at age 30 and above, regardless of the number of dependence criteria they met. Yet individuals who were first dependent before age 25 had significantly greater odds of experiencing multiple dependence episodes, episodes exceeding one year, and more dependence symptoms, even after controlling for numerous demographic and behavioral characteristics associated with early onset of alcohol dependence.

The researchers speculate that fewer marital, family, or work responsibilities among younger persons may help explain why persons diagnosable with alcohol dependence at early ages are less likely to recognize and seek treatment for their drinking-related problems. They also note that, because episodes of heavy drinking are more common among youth in general, those with early dependence onset may be less likely to recognize their dependence.

Additional alcohol research information and publications are available at [www.niaaa.nih.gov](http://www.niaaa.nih.gov).

## TRAINING OPPORTUNITY

Strategic Nonprofit Alliance Partnership (SNAP) welcomes Chuck Loring, CFRE, who will present **Improving Nonprofit Governance** at the next educational session for nonprofit executives, staff, and board members. During this afternoon workshop your team consisting of the CEO and board members will have an opportunity to examine board governance in a retreat format. Each nonprofit is encouraged to bring 2-4 board members. Your team will begin to develop a plan to improve board leadership over the next year. Because your organization will be represented by leaders from the board of directors, and not just the CEO or board chair, you will have created a changed team by the end of the day. Individual registrants are welcome, but will be faced with the challenge of having to explain to others what they have learned.

This session is sponsored by James Moore & Co., CPAs and Accountants, The Center for Business Excellence, and the law firm of Smith, Hood, Perkins. There is no cost to attend.

To register, call 386-257-4100 or visit [www.snapfl.com](http://www.snapfl.com)

**When: Wednesday, October 4, 2006**

Registration - 1:00pm

Session *begins promptly* 1:15pm - 6:00pm

**Where: Advanced Technology Center (ATC)**

1770 Technology Blvd., Multi-Purpose Room (109)  
Daytona Beach, FL 32117

## GRANT OPPORTUNITY

### SAMHSA Accepting Applications for Knowledge Dissemination Conference Grants

The Substance Abuse and Mental Health Services Administration (SAMHSA) Center for Mental Health Services (CMHS), Center for Substance Abuse Prevention (CSAP), and Center for Substance Abuse Treatment (CSAT) are accepting applications for SAMHSA Knowledge Dissemination Conference Grants. The purpose of the Conference Grant program is to disseminate knowledge about practices within the mental health services and substance abuse prevention and treatment fields and to integrate that knowledge into real-world practice.

The maximum Conference Grant award is \$50,000 for a 12-month project period. Only direct costs will be funded under this program. Eligible applicants are domestic public and private nonprofit entities, such as state and local governments; federally recognized tribes; state recognized tribes, urban Indian organizations; public or private universities and colleges; professional associations, voluntary organizations, self-help groups, consumer and provider services-oriented constituency groups; community- and faith-based organizations; and tribal organizations.

For the full grant announcement, go to

[http://www.samhsa.gov/Grants/conference/PA\\_06\\_001\\_Conference.aspx](http://www.samhsa.gov/Grants/conference/PA_06_001_Conference.aspx)

**Calendar** - send us your 2006 events for this Florida Prevention Calendar. We will include your web-link so people can read your flyer, register for the event and/or get directions. Visit <http://www.fadaa.org/fcc/calendar/index.htm> for additional information on the following events!

### September

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

Mothers Against Meth-September 8, Bartow, FL

4<sup>th</sup> Annual 5K "Walk for Life"-September 16, Palmetto, FL

2006 Statewide Prevention Conference-September 20-22, Orlando, FL

2006 Family Day-September 25, Tallahassee, FL

Zero Exposure-September 28, Orlando, FL

## October

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

Zero Exposure-October 19, Miami, FL

Zero Exposure-October 20, Miami, FL

Palm Beach County Substance Abuse Coalition-Cocaine Forum-October 25, Palm Beach County

Zero Exposure-October 27, Sarasota, FL

National Marijuana Initiative- October 31-November 1, San Diego, CA

## November

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	234	25
26	27	28	29	30		

National Marijuana Initiative- October 31-November 1, San Diego, CA

## December

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24/31	25	26	27	28	2	30

2006 Florida Suicide Prevention Symposium-December 5-6, Clearwater

**For additional information call Joan Helms at the Florida Alcohol and Drug Abuse Association at 850-878-2196 or email: [flsapac@fadaa.org](mailto:flsapac@fadaa.org).**