

# E-Xchange



February 28, 2007

*Never tell people how to do things.  
Tell them what to do and they will  
surprise you with their ingenuity.*  
-George Patton

## Second Annual Florida Department of Children and Families Prevention System Meeting

**What:** The second annual meeting of the Florida Department of Children and Families Prevention System. The three-day event includes a day and a half of joint meetings and workshops for all members of the field.

You don't want to miss this very important meeting. Workshops include: Strategic Prevention Framework, Logic Model Assessment, Adult-Focused Prevention, Identifying and Selecting Evidence-Based Strategies, Using Logic Models to Guide Evaluation, Technical Assistance Roundtables, Sustainability, and Effective Communication.

**When:** Orlando, Florida, March 5-7.

See attachments for registration information.

## NEWS

### New SAMHSA Report Provides State-Level View of Substance Use and Mental Health

State Estimates of Substance Use from the 2004-2005 National Surveys on Drug Use and Health (NSDUH) provides state-level rates for 23 measures of substance use and mental health problems, including underage drinking, binge drinking, use of illegal drugs, serious mental illness and tobacco use. The SAMHSA report combined two years of data (2004-2005) from the annual NSDUH surveys to enhance the precision of estimates for less populous states. States were also divided into groups of ten (quintiles) and estimates were provided according to four age groups: all persons 12 years or older and three subgroups—12 to 17, 18 to 25, and 26 or older.

Five states—Alabama, Arkansas, Florida, Mississippi, and West Virginia—shared the lowest annual rate of using marijuana for the first time: 1.4 percent. The lowest rate (4.2 percent) of marijuana use in the past month among those 12 years and older was found in Iowa. Alaska had the highest rate for first-time use of marijuana (2.6 percent) and past-month use of marijuana (10.1 percent).

State Estimates of Substance Use from the 2004-2005 National Surveys on Drug Use and Health (NSDUH) is available on the Web at <http://oas.samhsa.gov/2k5state/toc.cfm>. Copies may be obtained free of charge by calling SAMHSA's Health Information Network at 1-877-SAMHSA-7 (1-877-726-4727). Request inventory number SMA 07-4235.

### More Young Brits Die From Excessive Drinking

Drinking-related deaths among 15- to 34-year-olds in the U.K. have doubled between 1991 and 2004, according to the [Office for National Statistics](#).

The [Independent](#) reported Feb. 23 that 8,221 alcohol-related deaths were reported in 2004, not counting alcohol-related traffic crashes or injuries. Among the 2004 fatalities were 198 deaths from liver cirrhosis or alcohol poisoning among men and 89 such deaths among young women.

"Alcohol consumption is going up in Britain, and going down in countries such as France and Italy, because alcohol is cheaper and available at more outlets in this country than ever before," said Institute of Alcohol Studies director Andrew McNeill. "We live in the age of 24-hour licensing and the booze cruise. The consequence is that younger and younger people are appearing in hospital with alcohol-related illnesses."

The report said the alcohol-related death rate was worst in Scotland. "Forty five Scots are now dying because of drink every single week," noted Jack Law, CEO of Alcohol Focus Scotland. "We need to ask what is so different about Scotland's drinking culture, compared with the rest of the UK."

## MORE NEWS

### Minorities More Likely to Be Screened for Alcohol Use, Study Says

Hispanics and African-Americans rarely get superior healthcare compared to white Americans, but a new report finds one exception: primary-care physicians may be more willing to query minorities about their alcohol use than to counsel white patients.

A study of more than 15,000 people found that African-Americans were 1.83 times more likely to be counseled about alcohol use by their doctor than whites, while Hispanics were 2.17 times more likely to receive alcohol counseling.

The problem, however, is that African-Americans, in particular, are less likely to be binge drinkers than whites, according to study author Kenneth Mukamal, M.D., an associate professor at Harvard Medical School and an internist at Beth Israel Deaconess Medical Center in Boston.

Also, he said, the disparity in counseling could lead to over reporting of alcohol-use rates among blacks and Hispanics. "This will lead to perpetuation of stereotypes," said Mukamal.

"Everyone visiting the doctor should have this conversation, especially those with chronic conditions, regardless of their race or ethnicity," said Luisa N. Borrell, Ph.D., assistant professor of epidemiology at Columbia University's Mailman School of Public Health. "In contrast, it is interesting that the study also reports that there was no racial or ethnic difference in receiving diet counseling when the prevalence of overweight or obesity is higher among minorities."

The study was published in the March 2007 issue of the journal *Alcoholism: [Alcoholism: Clinical and Experimental Research](#)*.

### Training Opportunity

#### A NEW Web Course on The Skills of Cognitive-Behavioral Therapy

Novel, highly interactive, web course on the skills of Cognitive-Behavioral Therapy (CBT) is available to substance abuse counselors and supervisors as part of a National Institute on Drug Abuse (NIDA) funded study by the New England Research Institutes (NERI), the Addiction Technology Transfer Center of New England (ATTC-NE) and the addictions center at the Boston University School of Social Work.

The web course is free to participating agencies whose counselors and supervisors sign up.

The web course has exercises that counselors can use with clients, homework assignments that help clients use what they learned in sessions, and 8 instructional modules on motivating substance abusing clients, conducting a structured assessment, preventing relapse, using CBT with HIV+ clients, and helping clients with other life problems.

Because this is part of a research study, counselors and supervisors taking the web course will be asked to answer periodic questionnaires and submit other kinds of information.

Upon completing the web course, participants are eligible for 16 CEC's. Priority will be given to agencies with multiple counselors seeking training.

For more information visit [www.teachcbt.com](http://www.teachcbt.com) or email [teachcbt@neriscience.com](mailto:teachcbt@neriscience.com).

## COOL SPOT!

National & Global Youth Service Day, the largest service event in the world, is April 20-22, 2007. At two months out we already have 200 projects posted across the country! Check out what is happening in your community by going to the U.S. Map of Service Projects for National & Global Youth Service Day 2007: [www.YSA.org/map](http://www.YSA.org/map).

## HOT PLACE!

### FADAA ON DEMAND

**Topic:** Methamphetamine - *We Know We Have A Problem!*

**Date:** March 23, 2007

**Time:** 1:30 pm – 3:00 pm

FADAA is pleased to announce a webinar featuring **Dr. Thomas Freese**, internationally recognized authority on methamphetamine

In support of this event, **Bill Janes, Director of the Florida Office of Drug Control**, will provide opening remarks.

**Registration Fee:** \$35.00  
(1.5 CEU Hours will be offered for each paid enrollment.)

Complete the online enrollment form by clicking the link below. This will begin the registration process. After submitting your enrollment, you will receive an email with payment instructions.

<https://fadaa.webex.com/fadaa/onstage/g.php?t=a&d=713788217>

### Group Savings:

If your agency/office would like to participate in the webinar as a group, please contact Kendra Walker at [kwalker@fadaa.org](mailto:kwalker@fadaa.org) or by phone at (850) 878-2196.

We encourage you to forward this invitation to any interested parties who would benefit from Dr. Freese's expertise.

## Funding Opportunities

### Crime Prevention Grants to Support National & Global Youth Service Day Projects

The National Crime Prevention Council (NCPC) will award grants of up to \$500 each to support youth-led service-learning projects that address or prevent crime, violence, and drug abuse in schools and communities for National & Global Youth Service Day 2007 (April 20-22). These grants are intended to encourage and promote crime prevention, community service, and Civic responsibility. Applications must be submitted to NCPC by April 1, 2007. Visit [www.YSA.org/awards](http://www.YSA.org/awards) to download an application.

### Resources for the Project

Resources are available to help you plan your service project: Order or download free planning resources: Planning Tool Kits, Service-Learning Curriculum Guides, posters are available at [www.ysa.org/nysd/resource/planning.cfm](http://www.ysa.org/nysd/resource/planning.cfm). The Planning Tool Kit is a comprehensive guide to help project planners identify their projects, recruit volunteers, generate media attention, Raise funds, and more.

Register your National & Global Youth Service Day project: Registering your service project at [www.YSA.org/nysd](http://www.YSA.org/nysd) ensures that your project will be highlighted in the National & Global Youth Service Day international media campaign.

### 6 Million in Drug-Free Communities Grants Available

The Office of National Drug Control Policy and the federal Substance Abuse and Mental Health Services Administration are now accepting applications for the latest round of grants under the Drug-Free Communities Support Program.

Applications for DFC grants are due April 17, 2007. Priority is given to coalitions serving communities where 20 percent or more children are living below the poverty line. For more information visit the website at: <http://www.jointogether.org/news/funding/opportunities/2007/6-million-in-drug-free.html?log-event=sp2f-view-item&nid=31756267>

## *Calendar of Events*

### *March*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

Second Annual Florida Department of Children and Families Prevention System Meeting-March 5-7, Orlando, FL  
Methamphetamine Webinar with Tom Freeze March 23

### *April*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26		28
29	30					

Women's Leadership Symposium Clearwater, FL April 16

### *May*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24		26
27	28	29	30	31		

Minority Health Disparities Summit/DOH Women's Health Conference, Tampa, FL May 16-18

*For additional information call Cindy Grant at the Florida Alcohol and Drug Abuse Association at 850-878-2196 or email: [cgrant@fadaa.org](mailto:cgrant@fadaa.org).*