

# E-Xchange

*"The news source for Florida's Community Coalitions"*



**April 11, 2007**

*"They say time changes things, but you actually have to change them yourself."*

**-Andy Warhol**

## **Sticky Solution Sought for Underage Drinking**

Utah prevention agencies are distributing preprinted sticky notes that parents can slap on liquor bottles at home as a warning to children against underage drinking, the Salt Lake Tribune Salt Lake Tribune reported April 9.

The notes, available free at the state's Parents Empowered website, are printed with the message, "At your age, drinking is dangerous. So are really angry parents." The stickers also can be affixed to liquor cabinets or refrigerators.

A different set of sticky notes are available at Utah state liquor stores, with no-drinking pledges intended to be signed by youths before they go out with friends.

"Research shows that parental disapproval is the No. 1 reason that underage children choose not to drink," said Utah Alcoholic Beverage Commission chairman Larry V. Lunt. "But it is not good enough for parents simply to tell youngsters, 'Do not drink.' The possibility of permanent damage is too great."

Visit <http://parentsempowered.org/>.

## **NEWS**

### **Bill Calls for Name Changes at NIDA, NIAAA**

The National Institute on Drug Abuse (NIDA) would become the National Institute on Diseases of Addiction, and the National Institute on Alcohol Abuse and Alcoholism (NIAAA) would be renamed the National Institute on Alcohol Disorders and Health under legislation introduced into Congress by Sen. Joe Biden (D-Del.).

CADCA reported April 5 that Biden's bill, S-1011, is intended to reduce the stigma associated with addiction by removing the "abuse" monikers from the two agencies.

"Addiction is a neurobiological disease -- not a lifestyle choice -- and it's about time we start treating it as such," said Biden. "We must lead by example and change the names of our federal research institutes to accurately reflect this reality. By changing the way we talk about addiction, we change the way people think about addiction, both of which are critical steps in getting past the social stigma too often associated with the disease."

The name change also would more clearly link the concepts of addiction and disease, according to Biden. The reference to alcohol "disorders" in the NIAAA name would reflect the consensus among researchers that there is a continuum of disorders involving alcohol misuse, including excessive use and alcohol dependence.

"This bill is a small but important step towards stripping away the social stigma surrounding the treatment of diseases of addiction," Biden said.

### **Hospital Admissions for Mental Health and Substance Use Disorders**

Almost one-fourth of all stays in U.S. community hospitals for patients age 18 and older—7.6 million of nearly 32 million stays—involved depressive, bipolar, schizophrenia and other mental health disorders or substance use related disorders in 2004, according to a new report by HHS' Agency for Healthcare Research and Quality.

According to the report, about 1.9 million of the 7.6 million stays were for patients who were hospitalized primarily because of a mental health or substance abuse problem. In the other 5.7 million stays, patients were admitted for another condition but they also were diagnosed as having a mental health or substance abuse disorder.

For details, see *Care of Adults with Mental Health and Substance Abuse Disorders in U.S. Community Hospitals, 2004* at <http://www.ahrq.gov/data/hcup/factbk10/>.

#### **HOT PLACE**

**2006 Substance Abuse and Mental Health Corporation Annual Report**

[http://www.samhcorp.org/pdf/2006\\_Annual\\_Report.pdf](http://www.samhcorp.org/pdf/2006_Annual_Report.pdf)

#### **COOL SPOT!**

<http://www.whatsdrivingyou.org/>

What's Driving You? is an interactive, thought-provoking experience for kids, parents, young adults, teachers and prevention professionals who are concerned about drinking and driving.

What's Driving You? offers information about alcohol, DUI, drinking and driving, and ways to think about behaviors associated with drinking.

## MADD Prom Materials

To help with your school's prevention efforts, MADD and Nationwide have developed THINK! materials to encourage teens to make a pledge to stay alcohol- and drug-free all year long.

The pledge pack provides items to help you implement a year-round program emphasizing the heavier partying seasons of homecoming and prom, but also addressing other activities including Friday night football games, holidays, spring break, graduation and summer vacation.

The THINK.Prom Pledge Pack includes:

- Six (6) awareness posters for prom (Choices, Formal, Friends, Promises, Romance, Tomorrow)
  - Three (3) reversible awareness posters for spring break/graduation
    - Pledge pads to collect signatures
    - Pledge cards for students
  - Giant pledge banner for students to sign
    - Event hand stamp
    - Penny stickers
    - Party mints
  - Program on DVD to show a classroom or entire assembly
- Access to interactive Web site, video contest, tips, guides, rewards and more

THINK.Prom materials are available to order now!

To purchase the pledge pack:

- Download the order form (<http://www.think.madd.org/docs/ThinkPromOrder.pdf>)
  - Fill it out.
- Fax the order form to 1-469-420-4595

If you have questions or need help with your order:

- Call 1-800-438-6233 ext. 4504
- E-mail [assembly@madd.org](mailto:assembly@madd.org)

## TRAINING OPPORTUNITIES

### 6<sup>th</sup> Annual Conference on Addictive Disorders

*Presented by Lee Coalition for a Drug-Free Southwest Florida*

June 4, 2007  
Harborside Event Center  
Fort Myers, FL

**7.5 CEUs – 25 Workshops**

#### Keynote Speaker-Terry Gorski

CEUs for LMHC, LMHC, LCSW, LMFT, Nurses and all Florida Certification Board credentials: Addiction Counselors, Addictions Prevention, Criminal Justice, Behavioral Health, Mental Health, Psychologists with CAP, and DO's with CAP.

See attached flyer for additional information on the workshops that will be available at this event.

### Recovery and Resiliency Across the Lifespan and Across Cultures: Putting a Positive Face on Recovery

*Presented by the Broward mental Health and Substance Abuse Coalition*

May 3-4, 2007  
Nova Southeastern University Main Campus in Davie, FL  
**12 CEUs available**

Speakers include: Stephenie Colston, Director of Substance Abuse with the Florida Department of Children and Families, William C. Moyers, Vice President of External Affairs for the Hazelden Foundation and William L. White, Senior Research Consultant at Chestnut Health Systems/Lighthouse Institute.

See attached flyer for additional information

### FADAA WebEx

Join us for this FREE Webinar on HBO's Groundbreaking Addiction Project Series  
April 19, 2007  
2:00 p.m.

This event will highlight ways to promote the series throughout Florida. FADAA will host and Kay Doughty, VP of Family and Community Services at Operation PAR, Inc., will facilitate.

To take advantage of this unique event, you must first register using the link below. Simply click on the link (or cut and paste into your browser), click the "register" button, and complete and submit the online form. You will then receive an email giving you the detail information needed to join the event.

<https://fadaa.webex.com/fadaa/j.php?ED=97226837&UID=0>

## Calendar of Events

### April

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26		28
29	30					

Florida's Second Annual Bullying Prevention Conference-April 17-18, Orlando

Women's Leadership Symposium-April 16, Clearwater

HBO Groundbreaking Project Series-Webinar-April 19

### May

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24		26
27	28	29	30	31		

Recovery and Resiliency: Putting a Face on Recovery-Davie, FL

2007 Child Protection Mini-Conference-FL May 10, Leesburg

Minority Health Disparities Summit/DOH Women's Health Conference-May 16-18, Tampa

Multicultural Leadership Symposium-May 15, Orlando

### June

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21		23
24	25	26	27	28	29	30

6<sup>th</sup> Annual Conference on Addictive Disorders-Fort Myers

*For additional information call Cindy Grant at the Florida Alcohol and Drug Abuse Association at 850-878-2196 or email: [cgrant@fadaa.org](mailto:cgrant@fadaa.org).*