



THE FLORIDA LEARNING SYSTEM

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National Partners

Substance Abuse & Mental Health Services Administration



Center for Substance Abuse Treatment



Robert Wood Johnson Foundation



Florida Partners

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Year Two Begins for STAR-SI & Advancing Recovery

Advancing Recovery Fall Learning Session a Success!

Eighty-five participants representing the six Robert Wood Johnson Foundation Advancing Recovery State and Provider Partnership Grants attended the Fall Learning Session in Bethesda, MD on November 8 & 9. Leaders from the Robert Wood Johnson Foundation, the Advancing Recovery National Program Office, the National Evaluation Team, state coaches, single state agencies and provider organizations attended the session to share information and experiences, review accomplishments and challenges and brainstorm ideas for the future. Through a series of presentations, systems improvement “cafes”, storyboard displays and discussions, the stage was set for another year of state and provider system changes that promote the implementation of evidence-based practices.



The Florida Advancing Recovery Team at the Fall Learning Session in Bethesda

STAR-SI Year Two Kick-Off Held in Tampa

Representatives from year-one STAR-SI agencies, managing entities, State STAR-SI team members and agencies joining STAR-SI for year two were all on hand for a busy day and a half of training and networking on November 14th & 15th in Tampa. Gateway Community Center in Jacksonville, ACTS in Tampa, The Harbor in New Port Richey, Lifestream in Leesburg and The Village in Miami were announced as the year-two STAR-SI provider agencies. Also participating this year will be two dual diagnosis facilities from the Miami area.



Chrissy DeWerff, Change Leader & Kevin Lewis, Executive Sponsor, both representing SWFAS, trained new STAR sites representatives on key roles. Kevin also presented a session titled: “DATA is a Four Letter Word”

In order to get a jump start on the close relationships they will form during the coming year, new sites were matched with their peer mentors. Change Leaders from the new sites are now ready to return to their agencies, complete a “walkthrough” and choose their aim for rapid cycle change. We will highlight their progress in future newsletters.

Mission: This newsletter is designed to share information, findings, resources and lessons learned from two state-wide partnership practice improvement initiatives.

Strengthening Treatment and Access Retention - State Implementation (STAR-SI) *The Sky's the Limit*

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- ★ Northeast Florida Addictions Network, Inc.
- ★ South Florida Provider Coalition

In The News Year Two Kick-Off

Kick-off Packed with Information

After introductory remarks from Sheila Barbee, Department of Children and Families STAR-SI Project Director, Pauley Johnson, NIATx Process Improvement Coach and Florida's STAR-SI State Coach, presented **Process Improvement 101**. Pauley introduced the new STAR sites staff to the NIATx Improvement Model and the concept of rapid cycle change. Rosa West, Change Leader at Meridian Behavioral Health and Dr. Helen Benn, Peer Mentor at The Center for Drug-Free Living shared with the group their impressive story of changing to "no-wait" for assessments throughout the Meridian system.

Larry Allen and Tony Collera with Central Florida Behavioral Health Network, Rick Hankey with Northeast Florida Addictions Network, and Dawn Santiago-Colon with South Florida Provider Coalition explained the role of managing entities in the STAR-SI project. They will each be involved in up-coming peer mentor training and are dedicated to supporting and spreading the STAR process improvement model.

The afternoon ended with a presentation by Pauley Johnson leading teams in the *Airplane Exercise*. Teams were instructed to follow the rules of **Plan-Do-Study-Act** to build the perfect paper airplane. "It's a fun way to get teams familiar with the needed steps for successful change cycles while keeping focused on the aim", said Pauley.

The focus for day two was on completing a "Quick Start Road Map". Teams worked with their peer mentors to explore the process of building their change teams and ways of identifying an appropriate aim. This session concluded the information-packed year-two kick-off training.



Pauley Johnson teaches Process Improvement 101 at the STAR-SI Kick-off

Don't forget to Check NREPP

The National Registry of Evidence-based Programs and Practices is continuously updated. New programs considered evidence-based by the Substance Abuse & Mental Health Services Administration are described in detail on the NREPP site.

Check it out and subscribe to receive NREPP's e-updates. Visit <http://nrepp.samhsa.gov>

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Advancing Recovery... *Leading the Way*

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IN THE NEWS Fall Grantee Meeting

A MODEL FOR CHANGE

While the term evidence-based practice frequently appears in health care literature, have you ever wondered what an evidence-based model of organizational change would look like? That's exactly the question that the RWJ Advancing Recovery Steering Group recently challenged itself to answer. Incorporating evidence-based principles, their initial draft of a model consisting of 12 inter-related components was presented by Victor Capoccia, Senior Scientist and Mady Chalk, Director, Center for Performance-based Policy, from the Advancing Recovery National Program Office, at the AR Fall Learning Session. Throughout the morning, Advancing Recovery grantees participated in a series of system improvement "cafes" where input was solicited on the applicability, definition(s), key ingredients and inter-relationships of each component. According to Dr. Capoccia, each component will be fleshed out with specific information as the model evolves.

The 12 components are included in the schematic below.



What Makes a Good Leader?

According to Ally Evans, Program Manager for the Advancing Recovery National Program Office, a recent survey conducted by NIATx asked change team leaders, change team members and executive sponsors from the original STAR and Paths to Recovery programs to evaluate the level of importance for each of 29 different characteristics of leadership. Based on 99 responses, the following were identified as critically important characteristics:

1. Challenges the status quo
2. Results verifiable by data
3. Is persistent
4. Is respectful
5. Focuses team on objectives



Ally Evans, Program Manager, Advancing Recovery National Program Office and Janet SooHoo, Deputy Director, Asian Counseling & Referral Service present on *Process Improvement Foundations*

Purpose:
To develop and implement administrative and clinical system improvements at provider and state levels to facilitate the successful utilization of selected categories of evidence-based practices for addiction treatment.

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