

FLORIDA BRITE PROJECT

New Pre-screening Procedures and Brief Advice for Brief Intervention Techniques



Presenter:

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Objectives

- BRITE specialists will learn new pre-screening procedures, as well as data collection and dissemination.
- BRITE specialists will gain knowledge and understanding of "Brief Advice" for administering Brief Intervention to BRITE participants.

Interview Using Pre-Screen and ASSIST

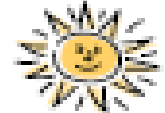
- Interview

- Allows clarification of ambiguous answers
- Can be administered to patients with poor reading skills
- Allows seamless feedback to patient and initiation of brief advice

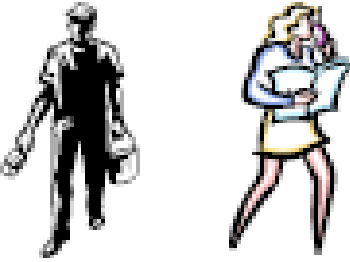
Pre-Screening Questions



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ASK	IF YOU RECEIVE THESE ANSWERS	THEN
<p>Weekly Average Multiply the answers to the following two questions:</p> <p>A. How often? On average, how many days a week do you drink alcohol? <input type="checkbox"/></p> <p>B. How much? On a typical day when you drink how many drinks do you have? X <input type="checkbox"/></p>	<p>From Men and Women Age 60 and Older</p>  <p>more than</p>	
<p>= <input type="checkbox"/></p>	<p>7</p>	<p>Your patient may be at risk for developing alcohol-related problems.</p>
<p>Daily Maximum How much? What is the maximum number of drinks you had on any given day in the past month? <input type="checkbox"/></p>	<p>or</p> <p>more than</p> <p>3</p>	<p>Now complete ASSIST and SGDS</p>

National Institute on Alcohol Abuse and Alcoholism (NIAAA)

Pre-Screening Questions



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ASK

**IF YOU RECEIVE
A YES ANSWER**

**THEN
Complete ASSIST AND/OR SGDS**

In the last year have you tried to cut down on the drugs (including tobacco) or medication that you use?

Yes ___

No ___

In the last year have you used prescription or other drugs more than you meant to?

Yes ___

No ___

During the past month, have you often been bothered by feeling down, depressed, or hopeless?

Yes ___

No ___

During the past month, have you ever been bothered by little interest or pleasure doing things?

Yes ___

No ___

* Negative predictive factor of 93% means that this screen will miss only 7% of patients with substance use disorders (SUD)

A. WHO - ASSIST V3.0

INTERVIEWER ID

COUNTRY

CLINIC

PATIENT ID

DATE

INTRODUCTION *(Please read to patient)*

Thank you for agreeing to take part in this brief interview about alcohol, tobacco products and other drugs. I am going to ask you some questions about your experience of using these substances across your lifetime and in the past three months. These substances can be smoked, swallowed, snorted, inhaled, injected or taken in the form of pills (show drug card).

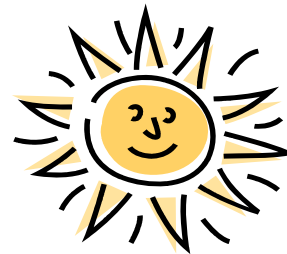
Some of the substances listed may be prescribed by a doctor (like amphetamines, sedatives, pain medications). For this interview, we will not record medications that are used as prescribed by your doctor. However, if you have taken such medications for reasons other than prescription, or taken them more frequently or at higher doses than prescribed, please let me know. While we are also interested in knowing about your use of various illicit drugs, please be assured that information on such use will be treated as strictly confidential.

Considering the Patient

- *The interviewer be friendly and non-threatening;*
- *The patient is not under the influence of a substance or in need of emergency care at the time;*
- *The purpose of the screening be clearly stated in terms of its relevance to the patient's health status;*
- *The information patients need to understand the questions and respond accurately be provided; and*
- *Assurance is given that the patient's responses will remain confidential.*

Pre-Screen Procedures for Different BRITE Models

- Outreach Programs
- Primary Care (Hospitals, Medical Clinics, Urgent Care Centers)
- Health Fairs



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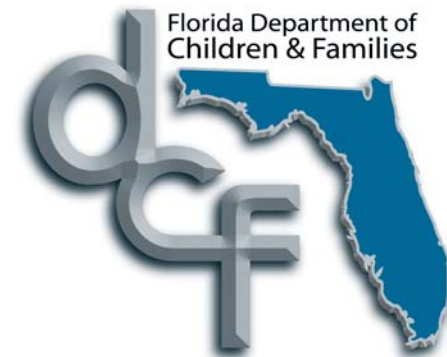
Outreach Model

- Referral Sources
 - Traditional BRITE
 - New BRITE
- Pre-Screen Tool and Procedures
 - Positive
 - Dialogue with consumer
 - ASSIST and/or SGDS
 - Section A, B of GPRA
 - Negative
 - Dialogue with consumer
 - Section A, GPRA

Primary Care

(Hospitals, Medical Clinics, Urgent Care)

- Pre-Screen
 - Positive
 - Dialogue with consumer
 - ASSIST and/or SGDS
 - Section A, B of GPRA
 - Negative
 - Dialogue with consumer
 - Section A of GPRA



Health Fairs (Screening Clinics)

- Pre-Screen
 - Positive
 - Dialogue with consumer
 - ASSIST and/or SGDS
 - Section A, B of GPRA
 - (Option to schedule them for appt. to provide BI techniques)
 - Negative
 - Dialogue with consumer
 - Section A of GPRA

Negative Pre-Screen

- Provide Feedback about the Results of the Pre-screen
- Educate Patients about Low-Risk Levels and the Hazards of Exceeding Them
- Congratulate Patients for their Adherence to the Guidelines
- Collect GPRA Screening Data

(Computer Screen)

Positive Pre-Screen

- Complete ASSIST and/or GDS
- Complete Appropriate GPRA Forms
- Administer BI using Brief Advice

Facts on Brief Interventions

- Studies showed a reduction in frequency of alcohol consumption at 6 and 12 months in hazardous drinkers who had received a 15 minute brief intervention and self-help materials in a primary setting.
- WHO study group found that 5 minutes of simple advice were as effective as 20 minutes of counseling
- Studies suggest that these brief interventions can also be effective in primary care settings for substance use other than alcohol, if culturally appropriate intervention procedures are developed. Evidence to date suggests that brief interventions can work for cannabis, benzodiazepines, amphetamines, opiates, and cocaine,

Ref: Brief Intervention For Substance Use: A Manual For Use In Primary Care, World Health Organization

Brief Intervention Using “Brief Advice”

- Initial Brief Intervention Session
 - 30 minutes or less (*All BRITE Models*)
- Return Visits
 - 30 Minutes or Less (*All BRITE Models*)

If patient is still ambivalent about making change and you are taking longer than 30 minutes, it is time to change to brief treatment modalities.

Show Video's

Brief Intervention Techniques (Using Brief Advice)

- Assess Patient/Consumers Readiness to Change
- Provide Feedback of Tests and how results effect possible health concerns
- Solicit feedback from patient
- Re-assess patients readiness and confidence for change
- Assist in developing reduction plan
- Give encouragement

Brief Treatment (45-50 minutes)

- *Primary care settings deliver extended interventions through multiple sessions of motivational counseling termed “brief treatment”*
- *Level of intervention that falls between simple advice and specialty treatment.*
- *Extension of preventative medicine through risk-reduction counseling at the primary care level.*
- *Tailored to patient’s readiness to change.*

(Show Video)

Questions?

