



# Increasing the use of Evidence-Based Practices Using a Peer Mentoring Approach



# Welcome Distinguished Participants



# The Team





# Introductions

Presenters

Participants

1. Name
2. Agency
3. Areas of Interests



## Objectives

Provide an update on Florida's evidence-based practice initiative

Obtain input from stakeholders to

- Develop the role of the peer mentor in the EBP process
- integrate fidelity implementation of EBPs with continuous quality improvement
- develop an independent peer review process through peer mentoring, consistent with Federal requirements



## Background

### Developing a systematic approach

- Importance of increasing the use of evidence-based practices
- Movement to continuous quality improvement model (STAR grant)
- Emphasis on fidelity of implementation for evidence-based practices (EBP Fidelity Monitoring Survey)
- Federal requirements for independent peer review



# Federal Funding

## Block Grant

- 60% or more of Florida's substance abuse funding is from the Federal block grant
- Block grant has a number of requirements for continued funding



# Federal Requirements

## Independent Peer Review Process (45 C.F.R. § 96.136)

- Independent Peer Review to assess the quality, appropriateness, and efficacy of services
- At least 5% of entities providing services are to be sampled
- Focus on programs rather than individuals providing services
- Appropriate for individual needs & level of functioning
- Reviewers will have expertise in drug abuse treatment/prevention
- Independent reviews will not review their own programs



# Peer Reviewers

## Elements to be examined:

1. Admission criteria/intake process
2. Assessments
3. Treatment planning, including appropriate referral
4. Documentation of implementation of treatment services
5. Discharge & continuing care plan
6. Indications of treatment outcomes



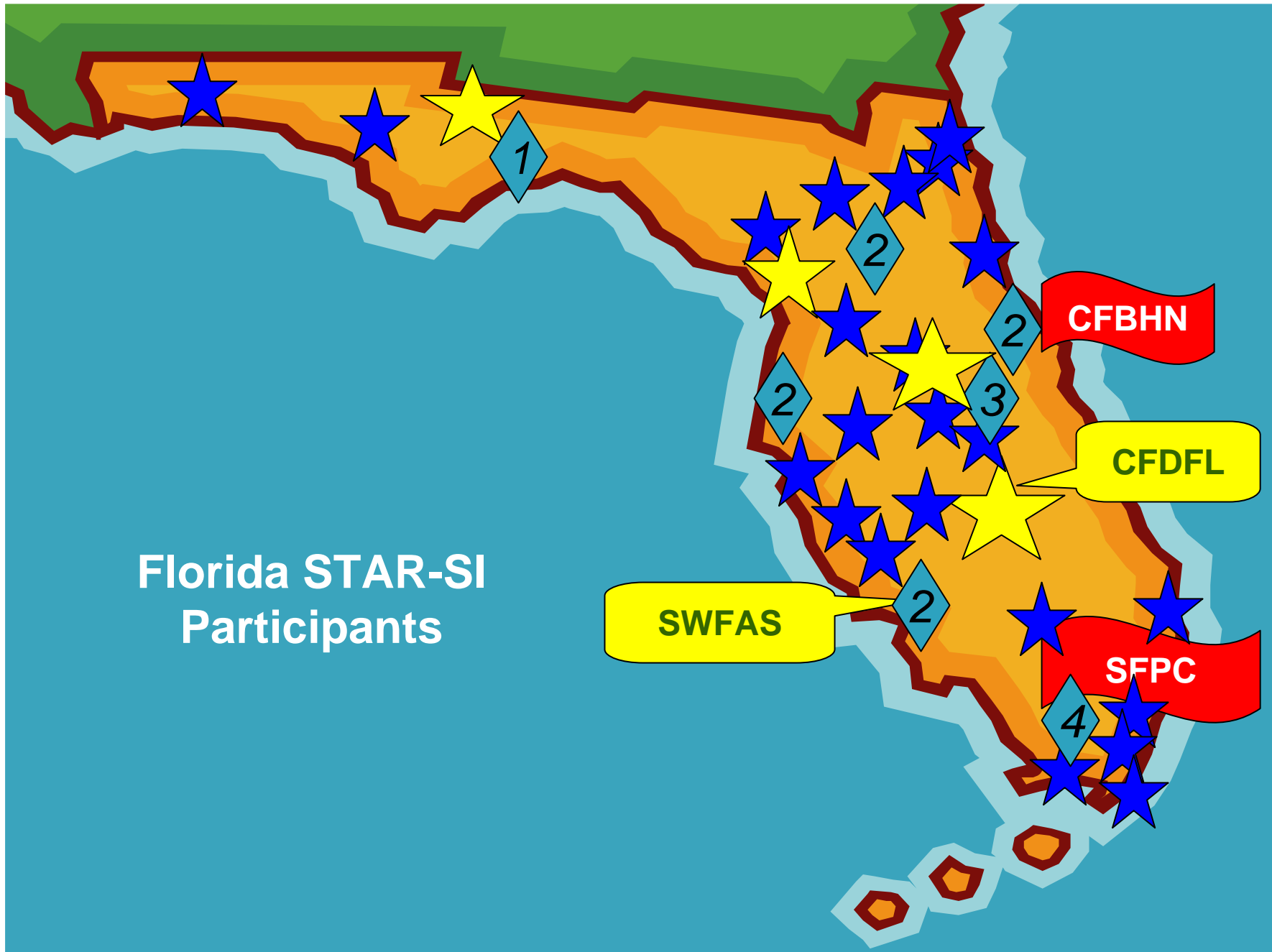
## Initiatives

### Strengthening Treatment Access and Retention – State Initiative

(STAR-SI)

- Strengthen client access to and retention in substance abuse services
- Increase the efficiency of substance abuse services
- Support state strategic initiatives

# Florida STAR-SI Participants





## **STAR-SI Strategies**

- Utilize a geographic approach to establish “centers of excellence”
- Increase staff capacity to use rapid cycle process improvement techniques
- Engage local stakeholders
- Develop a cadre of well trained coaches and peer mentors
- Integrate rapid cycle process into existing systems



# Peer Mentors

## Provide Technical Assistance

- Provider Sites
- State

## Qualifications

- Rapid cycle process improvement (PDSA ) training
- Experience as a change team leader
- Specific peer mentor training

## Characteristics



# **EBP Fidelity Monitoring Survey**

- Established Domains
- Developed Items
- Field Tested
- Revisions in Progress



## **Content Domains**

(See Handout)

1. Process & Implementation
2. EBP Program Fidelity
3. Organizational Structure
4. Human Resources & Staffing
5. Program & Practice Evaluation
6. Continuous Quality Improvement (CQI)



## Potential Role of Peer Mentor

- Provide technical assistance – relating to specific evidence-based practices
- Share experiences
- Who would be the peer mentor?
- What would they do?
- What kind of background?
- What kinds of experience?
- How much time?



## Connecting the Dots

### Building a model congruent with

- Use of EBP to improve client outcomes
- Meet federal block grant requirements
- Locally driven
- Ability to Individualize
  1. Relating to EBP
  2. Agency goals and initiatives
- Achieving system wide improvement



# Lunch

Lunch Break (12:00 p.m. – 1:00 p.m.)



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## Peer Mentor

- What is their role?
- Qualification for being a peer mentor?
- What would they do?
- How much time will peer mentoring take?
- How much peer mentoring time will be available for a program?
- How will the peer mentor be trained?



# **EBP Fidelity Monitoring Survey**

## Data Collection & Reporting

What data needs to be collected to provide for continuous improvement?

What data needs to be collected to support the efforts of the peer mentoring teams?

What other instrumentation is required to meet the Federal requirement?



# Visions of an Integrated System

How do we set it up?

How do we make it work?

Who needs to be involved?

How do the pieces fit together?

How what, where, why and when?



## Discussion

What are any other suggestions for meeting these objectives?

Do you have any other questions?



# **Your Input is Greatly Appreciated**

**Thanks for your participation!!!**