

Detox Symposium

Local Program Description

Please use a separate sheet for each program you represent.

Agency Name **Stewart-Marchman-Act Behavioral Healthcare** Program Name **Detox/ARF**

Please check all that apply: (ARF) (Residential Detox) (Adult)

Location: City **Daytona Beach** County **Volusia** DCF Area **12**

Presenter (Name) **Rick Rademacher, Clinical Services Director**

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RESIDENTIAL DETOX

Number of Licensed Beds **19** State funded Beds **19** State Rate \$ **204.94** per bed day

How are you funded? State funded **100** %
 Locally funded _____ %
 Private Pay _____ %
 Other _____ %

Description of Services

Please comment on the following:

- ✓ Level of medical complications you can accommodate,
- ✓ Severity of clients served,
- ✓ Percentage of co-occurring clients and how you accommodate them,
- ✓ Your discharge planning and follow up capability,
- ✓ Services in addition to detoxification available to the clients on-site
- ✓ Demographics of patient population
- ✓ Percentage of voluntary vs. involuntary clients.

Stewart-Marchman-Act Behavioral Healthcare (SMABH) provides Detoxification services for 19 clients at the Pinegrove Crisis Center located just west of Daytona Beach, as well as an 8-bed unit located in Flagler County. Both SMABH Detox units are classified as Addictions Receiving Facilities. The Pinegrove Center is co-located with a Crisis Stabilization Unit and a 20-bed substance abuse residential treatment program. All Pinegrove Detox and CSU clients are initially screened for placement through our Emergency Services Division, and are admitted based on their presentation, legal status, and/or physician's orders.

The SMABH Detoxification Unit serves approximately 2500 individuals each year from our community. In 2007, ETOH abuse accounted for 60% of all admissions while the remaining 40% present for Detox from street or prescribed drugs. There has been an increase in opiate-dependent client referrals.

A typical client at Detox is a white (82%) Male (74%), with nearly 66% percent reporting their status as single/unmarried/divorced. The average age is between 30-54 accounting for 72% of the population we serve.

About 86% of admitted clients meet the criteria of income being 50% or more of the poverty level. Those admitted under our status as an Addictions Receiving Facility accounts for 36% of all

admissions with 87% of these being white. Among ARF intakes, 80% report an income of 50% or more of the poverty level.

All SMABH programs are geared toward providing services to co-occurring clients, which make up nearly 70% of our Pinegrove referrals. When SMA Behavioral was formed by merger in October 2008, the former companies known as Stewart-Marchman Center and Act Corporation provided services to nearly 17,000 common clients referred for both substance abuse and mental health conditions.

Among all admissions, clients who leave Detox services against medical advice account for 29% of discharges. Court referrals account for 12% of admissions.

Clients may be self or family referred, under the protective custody of law enforcement, or under a Physician or court order for services pursuant to the provisions of state law relating to the involuntary placement of individuals in need of substance abuse services.

While on the Detox/ARF unit, services provided to our clients include daily AA/NA meetings, both internal and external, as well as process and daily living skills groups focused on motivation toward recovery. A certified HIV specialist presents a weekly group on this disease, and offers confidential HIV screening and post-test counseling for clients who request it. Our Court Liaison assists family member with completion of the Marchman Act petition process, and she appears with our clients at Marchman Act hearings. Currently, there is a weekly average of 15 cases filed.

In addition to ARF and Law Enforcement referrals, Detox services can be accessed primarily through our Access Center, a 24-hour-a-day phone center that also serves as the local and national 1-800-suicide hotline. First Contact Specialists handled approximately 7300 phone calls during FY 07-08.

Two Detox Assessment Counselors provide assessment and referral services for clients admitted to the Detox Units. Involuntary admission clients are assessed within 72 hours, and each Assessment Counselor is responsible for discharge planning and referral to treatment resources. Some clients who are assessed as being appropriate for residential treatment can elect to remain on the unit until transferred to the Adult Intensive Residential Program, located in another wing of the Pinegrove Facility.

Medical and nursing services are provided around-the-clock by onsite nursing staff; however, medical clearance is required for any physical condition which presents an actual or threatened risk to a patient's life. These may include, but not limited to:

- Seizures (as determined by physician as unmanageable at this level of care)
- cardiac symptoms such as chest pain or pressure, accompanied by diaphoresis, shortness of breath and respiratory distress;
- anaphylactic shock, any severe allergic reaction;
- head wounds;
- extreme respiratory distress;
- severe bleeding injuries;
- respiratory and/or cardiac arrest;
- infusion of intravenous fluids, and those which are beyond the usual and reasonable scope of Detoxification medical/nursing care; and
- Psychiatric conditions or behavior which presents an actual or threatened risk to the individual, other patients, staff and/or visitors, and that cannot be managed by staff through the use of therapeutic communication skills or de-escalation techniques. Clients can be screened for transfer to the Crisis Stabilization Unit and/or initiation of the Baker Act may be necessary.